

Who do you say that I am?



# Seeing Jesus

through new eyes

Time With God  
The Climax of Living

Who do you say that I am?

# Seeing Jesus

through new eyes

Time With God

The Climax of Living

Week 7



# Contours of Hebrew Thought

- Religion as a Way of Life
- A Time for Meditation
- Everything is Theological
- Study: the Highest form of Worship
  
- Shabbat (Sabbath)

## ***Question:***

***What comes to mind when you hear the word "Sabbath"?***

*Time with God*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat

*Scriptures reference Sabbath 154 times*

**Old Testament:** 96 occurrences

**New Testament:** 58 occurrences

- Healing 36% 21 occurrences
- Regulation 19% 11 occurrences
- Teaching 14% 8 occurrences
- Reference the Day 14% 8 occurrences
- Lord of the Sabbath 12% 7 occurrences
- Sabbath Rest 3% 2 occurrences
- Sabbath made for man 2% 1 occurrence

*“The Sabbath is given unto you, not you unto the Sabbath.”  
(Mekilta 31:13) The ancient rabbis knew that excessive piety may endanger the fulfillment of the essence of the law. (Genesis rabba 19,3) “There is nothing more important, according to the Torah, than to preserve human life...Even where there is the slightest possibility that a life may be at stake one may disregard every prohibition of the law.” (The Sabbath, Abraham Heschel)*

*Nothing more  
important  
than to  
preserve  
human life*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: It's about Time

*The rhythm of life...*

**It all begins with God.** (Gen. 1:1)

*"In the beginning God created the heavens and the earth."*

**First thing we learn of God: God works *hard*.** (1:3–26)

God spoke creation into existence.

There is *blessing* in work. To have work, we are blessed.

**Second thing we learn of God: God *rests*.** (Gen. 2:2)

*"By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work"*

**God makes a portion of time *holy*.** (Gen. 2:3)

*"Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done."* (Gen 2:3)

**God builds a *Palace in time*.**

*A Palace  
in  
Time*

Who do you say that I am?

*Seeing Jesus  
through new eyes*

*Time With God  
The Climax of Living  
Week 7*



# Shabbat: It's about Time

## Last in Creation, First in Intention

*Shabbat reminds us of the goodness of creation and the greatness of the creator*

- Setting apart the seventh day to the Lord honors our Creator and acknowledges His sovereignty.

*Shabbat is the end of creation both as its completion and as its goal*

- On the Sabbath, mankind and his Maker dwell in unity. Sabbath points to the destiny of creation itself.

*Last in  
Creation,  
First in  
Intention*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: It's about the Journey

*Israel's existence; one of tyranny*

**Sabbath rest is part of the biblical *journey* through life.**

“The whole Israelite community set out from Elim and came to the Desert of Sin...” (Exo. 16:1)

**Fatigue alters our perception of reality.**

*“In the desert the whole community grumbled against Moses and Aaron. The Israelites said to them, “If only we had died by the LORD’s hand in Egypt!” (Exo. 16:2-3)*

**God provides, but we must *prepare*.**

*“Each morning everyone gathered as much as they needed, and when the sun grew hot, it melted away.” (Exo. 16:21)*

**Sabbath rest is more about *imitating* God than *rules*.**

*“Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any.” (Exo. 16:26)*

*The Journey*

Who do you say that I am?

**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: It's about the Journey Last in Creation, First in Intention

*Shabbat is not a natural occurrence,  
but a God given opportunity*

- Shabbat is holy by God's decree and divine imprint. Those who honor it are sanctified in return.

*Last in  
Creation,  
First in  
Intention*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: It's about Freedom

*The body & the soul are connected*

## **The struggle: *legalism versus freedom***

When Sabbath rest becomes a weight for the believer to bear, it loses the very essence of what was intended.

## **Is the believer bound to the OT Sabbath laws?**

We are *free in Christ*.

*“Then he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.” (Mark 2:27-28)*

## **How can I honor Christ in Sabbath rest?**

Fight for it. Lean into it, because it is a delight.

*“For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished.” (Matt. 5:18)*

*Legalism vs.  
Freedom*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: It's about Freedom Last in Creation, First in Intention

*Shabbat encourages us to honor the Creator by giving up our creations*

- For one day in seven we are asked to remember the Creator and return our creations and ourselves back to his dominion.

*Shabbat is made for mankind - and is for the Lord.*

- The spiritual discipline of Sabbath observance brings harmony into our homes and holiness into the world. It redeems time and turns our hearts back to the Father and His priorities.

*Last in  
Creation,  
First in  
Intention*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: Resting in the Lord

## *Shabbat Shalom: Sabbath Rest*

Shabbat  
Shalom

**Sabbath Rest is more than *physical* rest. It is *spiritual* rest.**

*“Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.” (Heb.4:1)*

**How do we rest in God?**

*“There remains, then, a Sabbath-rest for the people of God; for anyone who enters God’s rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.” (Heb. 4:9-11)*

**Have *faith* and be *obedient*.**

Faith is about *obedience*. Obedience is about *action*.

*“Be still, and know that I am God.” (Psa. 46:10)*

*“Let go, release your grip, relax; and experience God in an intimate way.”*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Shabbat: Resting in the Lord Last in Creation, First in Intention

*Shabbat facilitates entering God's rest.*

- Shabbat is not a self-indulgent vacation so much as a blessing or spiritual calling. We invite God by His Spirit to lead us beside the “waters of rest” (Psa. 23:2) and restore our souls.

*Last in  
Creation,  
First in  
Intention*

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7



# Who do you say that I am? Seeing Jesus through new eyes

- 1 Introduction: A Different Perspective
- 2 Jesus of Nazareth: The Jewishness of Jesus
- 3 Who do you say the Son of Man is?
- 4 In My Father's house: Who Jesus Said he was
  - No Sunday School (Easter)
- 5 Come Follow Me: The Rabbi and Disciples
- 6 I Speak In Parables
- 7 Time with God: The Climax of Living
- 8 I have come to fulfill them**
- 9 Everyone who heard Him was amazed
- 10 Repent for the Kingdom is at hand
- 11 Humbly walk with your God: Living the Torah

Who do you say that I am?  
**Seeing Jesus**  
through new eyes

Time With God  
The Climax of Living  
Week 7

